

Overall Male



Age Gr	Sex	Discipline	Athlete	Event	Venue	Date	Performance	Athlete	Event	venue	Date	Performance
OUTRI	M	10000m	Gary Jones	NEMAA 10000m Championship	Jarrow	16/09/2017	36:12.0s	Jake Jansen	NECAA 10000m champs	Jarrow	29/04/2015	36:32.4s
OUTRI	M	100m	Chris Lillico	North East Athletics League	Gateshead	13/07/2011	11.6	Daniel Njai	Senior League Div 2E	York	07/05/2016	11.6
OUTRI	M	100m (joint 1st)	Jakob Nailen	Senior League Div 3E	Whitley Bay	05/08/2017	11.6					
OUTRI	M	10k	Andy Brown	Valli 10k	Unknown	??/09/1993	31:28m	Andrew Henderson	Sheffield Lord Mayors 10k	Sheffield	22/04/2007	33:10m
OUTRI	M	10k (Blyth Valley)	Andrew Henderson	Blyth Valley 10k	Blyth	29/04/2007	33:47m	Sam Dodd	Blyth Valley 10k	Blyth	12/04/2015	34:40m
OUTRI	M	10m	Andy Brown	Brampton-Carlisle	Brampton	??/11/1993	51:05m	Rob Hall	Hebburn 10	Hebburn?	??/??/1985	53:15s
OUTRI	M	10m (Blyth Valley)	Andy Brown	Blyth Valley Ten	Blyth	??/??/1997	52:04m	Rob Hall	Blyth Valley Ten	Blyth	1995	54:38m
OUTRI	M	110H SM	Daniel Njai	North East Grand Prix	Jarrow	08/06/2016	15.8	Craig Birch	Senior League Div 3E	Middlesbrough	04/06/2011	20.3
OUTRI	M	1500m	Josh Fiddaman	North East Grand Prix	Jarrow	19/04/2017	04:09.9s	Ellis Hetherington	Senior League Div 3E	Whitley Bay	05/08/2017	4:18.9s
OUTRI	M	200m	Jakob Nailen	Senior League Div 3E	Whitley Bay	05/08/2017	23.5	Dale Turner	YDL Interleague Match	Middlesbrough	03/09/2017	23.57
OUTRI	M	3000m	Andy Brown	Unknown	Jarrow	18/08/1993	09:01s	Joseph Woods	Watford Open Graded Meeting	Watford	31/05/2017	09:32.39s
OUTRI	M	3000m S/C	Jon French	Senior League Div 3E	Jarrow	07/05/2017	10:54.2s	Lee Cuthbertson	Senior League Div 3E	Whitley Bay	13/07/2014	11:08.5s
OUTRI	M	400H	Daniel Njai	Northern Championships	Sportcity	12/06/2016	56.35	Chris Lillico	Senior League Div 3E	Jarrow	26/05/2012	62.3
OUTRI	M	400m	Daniel Njai	Senior League Div 3E	Middlesbrough	12/07/2015	52	Chris Lillico	Young Athletes 1NE	York	19/06/2011	52.3
OUTRI	M	4x100m (BLYTH ONLY)	A Swalwell, Njai, D Swalwell, Masterman	Sprint Relays	Jarrow	09/09/2015	47.1	Swalwell, Moore, Wilson, Turner	Sprint Relays	Jarrow	06/09/2017	47.33
OUTRI	M	4x400m (BLYTH ONLY)	Njai, Jansen, A Swalwell, Masterman	Sprint Relays	Jarrow	09/09/2015	03:50.5s	Woods, D Swalwell, Skirrow, Dungworth	Sprint Relays	Jarrow	09/09/2015	03:56.2s
OUTRI	M	5 mile road	Brad Clough	Norman Woodcock 5m	Newcastle	06/12/2014	27:39m	Ash Henderson	Whalton Autumn Classic 5	Whalton	30/09/2007	27:59m
OUTRI	M	5000m	Ash Henderson	Northern League 4E	Hexham	04/07/2010	16:43.4s	Joseph Woods	Senior League Div 3E	Jarrow	09/07/2017	17:09.3s
OUTRI	M	5k (Road)	Andrew Henderson	Clive Cookson 5k	Whitley Bay	23/05/2007	16:09s	Gary Jones	Exhibition Park 5k	Newcastle	13/08/2008	16:49s
OUTRI	M	60m (i)	Jakob Nailen	Gateshead indoor Series	Gateshead	16/11/2017	7.24s	David Swalwell	Scottish National Championships	Emirates Arena	31/01/2015	7.54
OUTRI	M	800m	Josh Fiddaman	North East Grand Prix	Jarrow	24/05/2017	1:58.2s	Ellis Hetherington	NECAA Championships	Gateshead	14/05/2017	02:00.38s
OUTRI	M	Blaydon Race 5.67m	Jake Jansen	Blaydon Race	Blaydon	09/06/2015	32:56m	Sam Dodd	Blaydon Race	Blaydon	09/06/2015	32:57m
OUTRI	M	Discus 2kg	Daniel Njai	North East Grand Prix	Jarrow	23/07/2014	22.49m	Ken Turnbull	Senior League Div 3E	York	03/07/2011	17.90m
OUTRI	M	Great North Run	Andy Brown	Great North Run	Newcastle	??/09/1993	01:09.24s					
OUTRI	M	Half Marathon	Andy Brown	Great North Run	Newcastle	??/09/1993	69:24m	Rob Hall	Flymo Half Marathon	?	20/09/1987	71:43s
OUTRI	M	High Jump	Chris Lillico	Senior League Div 3E	Whitley Bay	01/07/2012	1.88m	Daniel Njai	North East Grand Prix	Jarrow	08/06/2016	1.63m
OUTRI	M	High Jump (HIGHER CLAIM)	Peter Skirrow	Senior League Div 3E	Jarrow	04/06/2017	1.90m					
OUTRI	M	HT 7.26kg	Steven French	Senior League Div 3E	Whitley Bay	05/05/2013	20.83m	Ken Turnbull	Senior League Div 3E	York	07/07/2013	18.90m
OUTRI	M	Javelin 800g	Matthew Fairhurst	Senior League 3E	Jarrow	09/07/2017	35.19m	David Swalwell	North East Veterans Championships	Jarrow	20/07/2013	34.92m
OUTRI	M	Javelin 800g (Higher Claim)	Peter Skirrow	Senior League Div 3E	Jarrow	09/07/2017	42.84m					
OUTRI	M	Long Jump	Daniel Njai	NECAA Indoor Pentathlon	Gateshead	22/03/2015	5.98m (i)	Chris Lillico	Young Athletes 1NE	York	19/06/2011	5.97m
OUTRI	M	Long Jump (HIGHER CLAIM)	Peter Skirrow	Senior League Div 3E	Whitley Bay	05/08/2017	6.71m					
OUTRI	M	Marathon	Andy Brown	London Marathon	London	??/04/1993	02:29.42s	Rob Hall	London Marathon	London	??	02:33:08s
OUTRI	M	Mile (track)	Josh Fiddaman	Spring Track Relays	Whitley Bay	09/04/2017	04:34.0s	James Young	North East Grand Prix	Jarrow	19/06/2013	04:53.8s
OUTRI	M	Parkrun (Druridge Bay)	Jon French	Parkrun (Druridge Bay)	Druridge Bay	14/03/2015	17:52m	Jake Jansen	Parkrun (Druridge Bay)	Druridge Bay	27/09/2014	18:10m
OUTRI	M	Parkrun (Whitley Bay)	Jake Jansen	Parkrun (Whitley Bay)	Whitley Bay	26/09/2015	16:52m	Jake Masterman	Parkrun (Whitley Bay)	Whitley Bay	24/10/2015	17:06m
OUTRI	M	Pole Vault	Calum Storey	North East Grand Prix	Gateshead	24/08/2016	2.20m					
OUTRI	M	SP 7.26kg	David Swalwell	Senior League 3E	Whitley Bay	08/08/2015	8.76m	Jonathan Dickinson	Senior League 3E	Whitley Bay	05/05/2012	8.70m
OUTRI	M	Triple Jump	Adam Wright	Senior League 3E	Whitley Bay	09/08/2014	12.51m	Daniel Njai	NECAA Indoor Championships	Gateshead	14/02/2015	12.01m (i)