

U17 Women

Discipline	Athlete	Event	Venue	Date	Performance	Athlete	Event	venue	Date	Performance
100H SW	Abbi Willis	Senior League Div 2E	Middlesbrough	06/08/2016	19.2	Ella Wood	Senior League 3E	Middlesbrough	12/07/2015	19.4
100m	Heather Macdonald	NEYDL Div 2N	Whitley Bay	29/04/2018	12.5	Alice Dungworth	Senior League Div 3E	Whitley Bay	09/08/2014	13
1500m	Charlie Hedley	North East Grand Prix	Jarrow	15/05/2013	05:06.9s	Emma James	Northumberland Schools Championships	Gateshead	14/06/2014	05:17.99s
150m	Alice Dungworth	North East Grand Prix	Jarrow	29/04/2015	20.8	Ella Wood	North East Grand Prix	Jarrow	29/04/2015	22.9
150m (i)	Olivia Quinn	Northern Athletics Indoor Open	Sheffield	12/11/2016	20.30					
200m	Heather Macdonald	Northern Senior League Div 2E	Gateshead	05/05/2018	25.58s	Charlotte Ramsey	Senior League Div 3E	Middlesbrough	09/06/2013	26.3
200m (i)	Heather Macdonald	Sale Harriers Open Series	Manchester	25/02/2018	26.57					
3000m	Charlie Hedley	North East Schools Inter Counties	Middlesbrough	15/06/2013	11:05.8s	Emma James	Senior League Div 3E	Morpeth	13/07/2014	11:36.7s
300H W	Ella Wood	Northern Schools Inter County Match	Gateshead	20/06/2015	52.26	Rebecca Nail	Young Athletes 1NE	York	19/06/2011	52.3
300m	Heather Macdonald	Northumberland Schools Championship	Hexham	09/06/2018	40.9s	Alice Dungworth	ESAA Championships	Gateshead	10/07/2015	41.9
300m (i)	Alice Dungworth	Northern Athletics Chamionships	Sheffield	17/01/2015	43.1	Heather Macdonald	Northern Athletics Indoor Champs	Sheffield	13/01/2018	43.32
400HW	Chloe Barrass	Senior League Div 3E	Whitley Bay	05/08/2017	93.7					
400m	Alice Dungworth	North East Grand Prix	Gateshead	13/08/2014	63.19	Kirstie Johnson	Senior League 4E	Hexham	06/06/2009	64.3
4x100m	Quinn, Gurney, Kutlya, Wood	NEYDL Div 2N	Jarrow	19/07/2015	56.3	Quinn, Morris, Ross-Knight, Barrass	NEYDL Div 2N	Whitley Bay	17/07/2016	56.4
4x100m (with Alnwick)	Ella Wood + Alnwick	NEYDL Div 2N	Jarrow	26/04/2015	61.3					
4x200m	Unknown	Sprint Relays	Jarrow	??/09/2011	02:04.5s					
60H U17W	Heather Macdonald	NECAA Indoor Championships	Gateshead	18/02/2018	9.47s	Ellie Morris	NECAA Indoor Championships	Gateshead	18/02/2018	10.23s
60m (i)	Alice Dungworth	English Athletics Championships	Sheffield	28/02/2015	8.2	Heather Macdonald	Sale Harriers Open Series	Manchester	25/02/2018	8.27s
800m	Charlotte Ramsey	Young Athletes 1NE	York	19/11/2011	02:30.9s	Charlie Hedley	NEYDL 2N	Jarrow	28/04/2013	02:45.1s
80H U17W	Ellie Morris	NEYDL Div 2N	Hexham	24/06/2018	13.9	Amy Willis	NEYDL Div 2N	Whitley Bay	17/07/2016	14.4
Discus 1kg	Tamsin Brown	Young Athletes 1NE	Jarrow	22/05/2011	18.99m					
HepU17W	Kirstie Johnson	North East Schools Combined Events	Jarrow	28/06/2009	2670					
High Jump	Ellie Morris	Gateshead Indoor Series	Gateshead	16/11/2017	1.60m	Heather Macdonald	NECAA Indoor Championships	Gateshead	17/02/2018	1.60m
Javelin 500g	Chloe Barrass	NEYDL Div 2N	Whitley Bay	16/07/2017	20.04m					
Javelin 600g	Chloe Barrass	Senior League Div 2E	Middlesbrough	14/08/2016	21.28m	Stacey Robinson	Young Athletes 1NE	Jarrow	20/06/2010	11.90m
Long Jump	Rebecca Nail	Senior League Div 3E	York	03/07/2011	4.59m	Bethan Sproat	Senior League 3E	Whitley Bay	01/07/2012	4.48m
NECAA Indoor Pentathlon	Bethan Sproat	NECAA Indoor Pentathlon	Gateshead	18/03/2012	2058pts					
Pentathlon	Chloe Barrass	NECAA Pentathlon	Jarrow	24/09/2016	1761pts					
SP 3kg	Chloe Barrass	NECAA Pentathlon	Jarrow	24/09/2016	7.29m	Alice Dungworth	NEYDL Div 2N	Jarrow	28/06/2015	6.86m
SP 4kg	Steff Ramsey	Young Athletes 2N	Jarrow	19/07/2009	6.52m	Chloe Barrass	Senior League 2E	Middlesbrough	06/08/2016	6.36m
Triple Jump	Rebecca Nail	Senior League 3E	York	03/07/2011	9.87m	Bethan Sproat	Senior League 3E	Whitley Bay	01/07/2012	9.72m