

U20 Men

Discipline	Athlete	Event	Venue	Date	Performance	Athlete	Event	venue	Date	Performance
10000m	Jake Jansen	NECAA 10000m champs	Jarrow	23/04/2014	38:08.8s					
100m	Chris Lillico	Senior League Div 3E	Whitley Bay	05/05/2012	11.7	Adam Swalwell	Senior League Div 2E	Jarrow	03/06/2018	11.9
10k	Jake Masterman	Blyth Valley 10k	Blyth	03/04/2016	35:26m	Jake Jansen	Heaton Harriers Memorial 10k	Newcastle	09/11/2014	35:37m
10k (Blyth Valley)	Jake Masterman	Blyth Valley 10k	Blyth	03/04/2016	35:26m	Jake Jansen	Blyth Valley 10k	Blyth	07/04/2013	36:57m
110H 5M	Craig Birch	Senior League Div 4E	Jarrow	31/07/2010	21.8					
110H U20M	Craig Birch	National Junior Athletic League Northern Prem	Gateshead	27/06/2010	20.85	Calum Storey	NECAA Pentathlon	Jarrow	07/09/2013	25.9s
1500m	Joe Wren	North East Grand Prix	Jarrow	25/07/2018	04:23.52s	Joseph Dungworth	North East Grand Prix	Jarrow	23/07/2014	04:23.7s
150m	Nathan Eltringham-Davison	North East Grand Prix	Jarrow	19/04/2017	18.5	Craig Birch	North East Athletics League	Gateshead	15/07/2009	18.7
2000m S/C	Craig Birch	National Junior Athletic League Northern Prem	Gateshead	27/06/2010	07:15.4s	Calum Storey	Northumberland Schools Championships	Gateshead	08/06/2013	07:35.08s
200m	Adam Swalwell	Northumberland Schools Championship	Hexham	09/06/2018	23.6					
200m	Chris Lillico	Senior League 3E	Whitley Bay	05/05/2013	24.4	Craig Birch	Senior League 4E	Hexham	06/06/2009	24.7
3000m	Jake Jansen	North East Athletics League	Jarrow	23/05/2012	9:50.2s	Joseph Woods	North East Grand Prix	Gateshead	24/08/2016	10:09.3s
3000m S/C	Joseph Woods	Senior League Div 3E	Middlesbrough	06/08/2016	11:51.6s	Calum Storey	Senior League Div 3E	Whitley Bay	07/07/2013	11:51.6s
300m	Nathan Eltringham-Davison	North East Grand Prix	Jarrow	19/04/2017	40.3	Jake Jansen	North East Grand Prix	Jarrow	23/04/2014	42.1
400H	Chris Lillico	Senior League Div 3E	Jarrow	26/05/2012	62.3	Craig Birch	Senior League 4E	Jarrow	31/07/2010	63.4
400m	Chris Lillico	North East Athletics League	Jarrow	23/05/2012	54.4	Adam Swalwell	Northern Senior League 2E	Gateshead	05/05/2018	54.81
5000m	Jake Jansen	Senior League Div 3E	Whitley Bay	07/07/2013	17:40.7s	Joseph Dungworth	Senior League Div 3E	Whitley Bay	03/05/2015	18:45.8s
60m (i)	Adam Swalwell	Sale Harriers Open Series	Manchester	25/02/2018	7.73	Scott Povey	Gateshead College Open Series, Gateshead	Gateshead	15/03/2012	8.1
800m	Joseph Dungworth	Senior League Div 3E	Darlington	04/05/2014	02:07.6s	Chris Lillico	Northumberland Schools Championship	Gateshead	16/06/2012	02:08.91s
Blaydon Race 5.67m	Gareth Hope	Blaydon Race	Blaydon	09/06/1999	37:38m					
Discus 2kg	Craig Birch	North East Athletics League	Jarrow	26/05/2010	13.43m					
Half Marathon	Jake Jansen	Great North Run	Newcastle	15/09/2013	82:34m	Joseph Woods	Vitality Oxford Half Marathon	Oxford	09/10/2016	85:07m
High Jump	Chris Lillico	Senior League Div 3E	Whitley Bay	01/07/2012	1.88m	Calum Storey	North East Grand Prix	Gateshead	18/06/2014	1.50m
HT 7.26kg	Calum Storey	Senior League Div 3E	Whitley Bay	05/05/2013	9.87m					
Javelin 800g	Calum Storey	Senior League Div 3E	Whitley Bay	09/08/2014	20.99m	Scott Povey	Young Athletes 1NE	Jarrow	19/07/2009	20.73m
Long Jump	Chris Lillico	Senior League Div 3E	Whitley Bay	01/07/2012	5.69m	Peter Skirrow (2C)	Senior League Div 3E	Whitley Bay	03/05/2015	5.60m
1 Mile (track)	Joe Wren	North East Grand Prix	Jarrow	20/06/2018	04:45.54s	Jake Jansen	North East Athletics League	Jarrow	19/06/2013	04:54.6s
NECAA Pentathlon	Calum Storey	NECAA Pentathlon	Jarrow	07/09/2013	1232pts					
SP 6kg	Calum Storey	NECAA Pentathlon	Jarrow	07/09/2013	6.20m					
Triple Jump	Craig Birch	Tartan Games	Gateshead	21/08/2010	11.84m	Joe Wren	Senior League 2E	Hexham	08/07/2018	11.26m