

V35 - WOMEN



| Discipline | Athlete | Event | Venue | Date | Performance | Athlete | Event | venue | Date | Performance |
|---------------------------|---------------------|----------------------------|---------------|------------|-----------------|------------------|-------------------------------|-------------------|------------|-------------|
| 100m | Heather Barrass | Senior League Div 3E | Whitley Bay | 01/07/2012 | 14.8 | Alison Lowes | North East Veterans League | Jarrow | 20/06/2011 | 17.8 |
| 10k | Leanne Herron | Morpeth 10k | Morpeth | 04/08/2015 | 44:17m | Claire Calverley | Blyth Valley 10k | Blyth | 07/04/2013 | 44:40m |
| 10k (Blyth Valley) | Susanne Hunter (f1) | Blyth Valley 10k | Blyth | 24/04/2005 | 42:35m | Julie Clark | Blyth Valley 10k | Blyth | 03/04/2011 | 42:47m |
| 10m (Blyth Valley) | Cath Coultate | Blyth Valley Ten | Blyth | 1994 | 01:09:35m | Helen Morris | Blyth Valley Ten | Blyth | 2001 | 01:10:25m |
| 1500m | Julie Clark | Senior League Div 3E | Whitley Bay | 05/05/2012 | 05:27.9s | Hayley Raithby | North East Veterans League | Jarrow | 28/05/2012 | 06:12.0s |
| 200m | Heather Barrass | NECAA Pentathlon | Jarrow | 24/09/2016 | 34.6 | Hayley Raithby | Senior League Div 3E | Jarrow | 26/05/2012 | 36.9 |
| 3000m | Leanne Herron | North East Veterans League | Jarrow | 20/07/2015 | 11:37.9s | Suzanne Beall | Senior League Div 3E | Whitley Bay | 09/08/2014 | 12:08.7s |
| 300m | Heather Barrass | North East Veterans League | Jarrow | 02/07/2012 | 49.9 | Leanne Herron | North East Veterans League | Jarrow | 20/05/2015 | 50.5 |
| 400HW | Heather Barrass | Senior League Div 3E | Jarrow | 26/05/2012 | 79.8 | Lisa Scorer | Northern Senior League Div 3E | Jarrow | 07-May | 102.6 |
| 400m | Heather Barrass | North East Veterans League | Jarrow | 11/06/2012 | 70.6 | Lisa Dean | Senior League 4E | Chester-le-Street | 05/07/2009 | 77.3 |
| 5000m | Leanne Herron | NEMAA 5000m Championships | Jarrow | 19/09/2015 | 21:00.4s | | | | | |
| 800m | Leanne Herron | Senior League Div 3E | Jarrow | 07/05/2017 | 2:37.4s | Julie Clark | Senior League Div 3E | Whitley Bay | 05/05/2012 | 02:42.2s |
| Blaydon Race 5.67m | Claire Calverley | Blaydon Race | Blaydon | 09/06/2015 | 41:33m | Phillippa Baxter | Blaydon Race | Blaydon | 09/06/2014 | 43:01m |
| Discus 1kg | Lisa Dean | Senior League Div 3E | Middlesbrough | 09/06/2013 | 13.06m | | | | | |
| Half Marathon | Claire Calverley | Haltwhistle Half Mar | Haltwhistle | 27/09/2015 | 01:40:17s | Julie Lemin | Run Northumberland HM | Ponteland | 10/03/2013 | 01:42.04m |
| High Jump | Heather Barrass | North East Veterans League | Jarrow | 11/06/2012 | 1.20m | Leanne Herron | Senior League Div 3E | Whitley Bay | 08/08/2015 | 1.20m |
| HT 4kg | Lisa Dean | Senior League Div 3E | Whitley Bay | 07/07/2013 | 8.08m | | | | | |
| Javelin 600g | Lisa Dean | Senior League Div 3E | Whitley Bay | 05/07/2009 | 17.72m | Heather Barrass | NECAA Pentathlon | Jarrow | 24/09/2016 | 13.22m |
| Long Jump | Heather Barrass | North East Veterans League | Jarrow | 02/07/2012 | 3.52m | Hayley Raithby | North East Veterans League | Jarrow | 28/05/2012 | 2.94m |
| Marathon | Cath Young | London Marathon | London | ??/04/1993 | 03:23:23s (EST) | Claire Calverley | Plusnet Yorkshire Marathon | York | 11/10/2015 | 03:32.36m |
| Mill (track) | Claire Calverley | Tyne Bridge Golden Mile | Whitley Bay | 09/05/2015 | 06:41.9s | Hayley Raithby | North East Veterans League | Jarrow | 11/06/2012 | 06:44.6s |
| NECAA Pentathlon (Senior) | Heather Barrass | NECAA Pentathlon | Jarrow | 24/09/2016 | 991pts | | | | | |
| Parkrun (Druridge Bay) | Leanne Herron | Parkrun (Druridge Bay) | Druridge Bay | 12/09/2015 | 21:55m | Claire Calverly | Parkrun (Druridge Bay) | Druridge Bay | 22/11/2014 | 22:30m |
| Parkrun (Whitley Bay) | Julie Clark | Parkrun (Whitley Bay) | Whitley Bay | 21/09/2013 | 20:31m | Leanne Herron | Parkrun (Whitley Bay) | Whitley Bay | 29/08/2015 | 20:34m |
| SP 4kg | Heather Barrass | NECAA Pentathlon | Jarrow | 24/09/2016 | 6.49m | Lisa Dean | Senior League 3E | Middlesbrough | 09/06/2013 | 5.65m |
| Triple Jump | Hayley Raithby | North East Veterans League | Jarrow | 02/07/2012 | 5.82m | | | | | |