

# V60 - MALE



| Discipline             | Athlete         | Event                            | Venue           | Date       | Performance | Athlete          | Event                            | venue             | Date       | Performance |
|------------------------|-----------------|----------------------------------|-----------------|------------|-------------|------------------|----------------------------------|-------------------|------------|-------------|
| 10k                    | Joe Frazer      | Newton Aycliffe 10k              | Newton Aycliffe | 19/06/2011 | 43:07m      | Dave Bradley     | North Tyneside 10k               | North Shields     | 05/04/2015 | 43:24m      |
| 10k (Blyth Valley)     | Joe Frazer      | Blyth Valley 10k                 | Blyth           | 27/04/2008 | 41:09m      | Terrence MccCabe | Blyth Valley 10k                 | Blyth             | 25/04/2010 | 41:44m      |
| 10m (Blyth Valley)     | Tom Waiton      | Blyth Valley Ten                 | Blyth           | 2001       | 01:09:48m   | L Hepples        | Blyth Valley Ten                 | Blyth             | 1999       | 01:38:39m   |
| Blaydon Race 5.67m     | Dave Bradley    | Blaydon Race                     | Blaydon         | 09/06/2014 | 39:11m      | Ralph Dickinson  | Blaydon Race                     | Blaydon           | 09/06/2014 | 44:43m      |
| Discus 2kg             | Ken Turnbull    | Senior League Div 3E             | York            | 03/07/2011 | 17.90m      | Terry Hart       | Senior League Div 3E             | York              | 03/07/2011 | 17.80m      |
| Half Marathon          | Rob Hall        | Run Northumberland Half Marathon | Wallington      | 27/03/2011 | 90:14s      | Joe Frazer       | Run Northumberland Half Marathon | Wallington        | 27/03/2011 | 96:41s      |
| HT 7.26kg              | Ken Turnbull    | Senior League Div 3E             | York            | 07/07/2013 | 18.90m      | Terry Hart       | Senior League Div 3E             | York              | 14/08/2011 | 16.65m      |
| Javelin 800g           | Terry Hart      | Senior League Div 3E             | York            | 03/07/2011 | 24.88m      | Ken Turnbull     | Senior League 4E                 | chester-le-Street | 05/07/2009 | 24.61m      |
| Long Jump              | Ralph Dickinson | Senior League Div 3E             | Jarrow          | 26/05/2012 | 2.73m       |                  |                                  |                   |            |             |
| Marathon               | David Bradley   | London Marathon                  | London          | 26/04/2015 | 03:36:37s   | John Mallon      | Edinburgh Marathon               | Edinburgh         | 29/05/2016 | 03:40.2s    |
| Parkrun (Druridge Bay) | David Bradley   | Parkrun (Druridge Bay)           | Druridge Bay    | 18/04/2015 | 21:50m      | Peter Maylia     | Parkrun (Druridge Bay)           | Druridge Bay      | 09/08/2014 | 25:21m      |
| Parkrun (Whitley Bay)  | Rob Hall        | Parkrun (Whitley Bay)            | Whitley Bay     | 16/11/2013 | 20:56m      | David Bradley    | Parkrun (Whitley Bay)            | Whitley Bay       | 15/11/2014 | 21:21m      |
| SP 7.26kg              | Terry Hart      | Senior League 3E                 | Whitley Bay     | 01/07/2012 | 8.03m       | Ken Turnbull     | Senior League Div 4E             | Chester-le-Street | 05/07/2009 | 5.25m       |