

V65 Men



Discipline	Athlete	Event	Venue	Date	Performance	Athlete	Event	venue	Date	Performance
10k	David Cox	Blyth Valley 10k	Blyth	01/04/2012	46:27m	Terry McCabe	Blyth Valley 10k	Blyth	12/04/2015	47:03m
10k (Blyth Valley)	David Cox	Blyth Valley 10k	Blyth	01/04/2012	46:27m	Terrence MccCabe	Blyth Valley 10k	Blyth	12/04/2015	47:03m
10m (Blyth Valley)	Dennis Moss	Blyth Valley Ten	Blyth	1994	01:12:11m	Bob Soulsby	Blyth Valley Ten	Blyth	1997	01:45:04m
Blaydon Race 5.67m	Joe Frazer	Blaydon Race	Blaydon	09/06/2015	43:06m	Alf Margison	Blaydon Race	Blaydon	09/06/2015	55:28m
Half Marathon	David Cox	Tynedale 10k	Ponteland	10/03/2013	01:51:51s	Ralph Dickinson	Great North Run	Newcastle	11/09/2016	02:20.0
HT 7.26kg	Ralph Dickinson	Senior League Div 3E	Whitley Bay	05/08/2017	13.41m					